

## **Training course "Rejection stories"**



Dates: 2022 November 2-6

Place: Mercure hotel, Marijampolė

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
Until 10:00	Arrival	Breakfast	Breakfast	Breakfast	Breakfast
10:00 - 11:30	Getting to know each other	My point of view	Variety of emotions	Artistic means of working with yourself	Clowning and youthwork
11:30 - 12:00	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break
12:00 - 13:30	Getting to know each other	My rejection stories	What does it mean to work with youth?	Artistic means of working with yourself	Clowning and youthwork
13:30 - 15:00	Lunch	Lunch	Lunch	Lunch	Lunch
15:00 - 16:30	Introduction to the training. Fears and expectations	Art therapy session	Young people and emotions	Theatre and emotions	Final evaluation and reflection
16:30 - 17:00	Coffee break	Coffee break	Coffee break	Coffee break	Departure
17:00 - 18:30	What does it mean to be rejected?	Art therapy session	Young people and rejection stories	Theatre and emotions	
19:00	Dinner	Dinner	Dinner	Dinner	
20:00	Open space for activities or free time	Open space for activities or free time	Intercultural evening	Open space for activities or free time	