

PROGRAMME

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
Until 10:00	Arrival	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00 - 11:30	Getting to know each other	Principles and individual work with volunteer	What is the role of a mentor?	What does good mentoring look like?	Lifelong learning competencies and ESC	Your motivation and volunteering
11:30 - 12:00	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break
12:00 - 13:30	Getting to know each other	How properly formulate tasks for a volunteer?	What mentor and volunteer should discuss during their session?	Risk factors and mentoring	Lifelong learning competencies and ESC	Summarizing in mentoring
13:30 - 15:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
15:00 - 16:30	Introduction to the training. Fears and expectations	Non-formal education in volunteering	Mentor and volunteer: roles and expectations	Active listening during mentoring	How to help a volunteer to identify the competences he/she developed during volunteering	Final evaluation and reflection Departure
16:30 - 17:00	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
17:00 - 18:30	Good and bad practices in ESC	Motivation and volunteer	How to help a volunteer to identify and work towards his/her goals	Awaken the learner within	Sharing good experiences: ESC, competences and YouthPass	
19:00	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00	Open space for activities or free time	Open space for activities or free time	Intercultural evening	Open space for activities or free time	Open space for activities or free time	