



INVOLVED



### **INFOPACK**

## LET'S GO DIGITAL -Increase employability through digital Transformation



Project Number: 2023-3-EL02-KA153-Y0U-000172448

## **KA153 TRAINING COURSE ACTIVITY**

14.04.2024 - 20.04.2024

ATHENS, GREECE

#### **SUMMARY**

The importance of learning about digital competence in non-formal and informal settings becomes a central aspect of education of the EU population with an employability perspective. With this project activity, we would like to enhance the youngster's knowledge on the use of digital technology in order to create their Digital Professional Profile for applying in job sector and to support them as well to build their own business with the use of technology in a professional way.

www.socialinclusion.gr



ΙΔΡΥΜΑ ΝΕΟΛΑΙΑΣ ΚΑΙ ΔΙΑ ΒΙΟΥ ΜΑΘΗΣΗΣ

With this project, we would like to support **36 young** through non-formal learning to gain knowledge on the digital era, support them and educated them through non-formal methods on how to create their own on - line business.

The project will support youngsters to get to know and understand the meaning and domains of key competencies and ICT skills in job sector, to develop certain professional profile and be able to use it in different context; to develop a positive attitude towards ICT skills.

The project will offer the basic material and ICT education in order to adapt with this cultural change and intergrade in digital technology in the area of business. The **objectives** of this Professional Development are:

- 1. Get to know and understand the meaning and domains of Digital transition and digital technology
- 2. Develop certain digital skills and be able to use them in e-business development
- 3. Develop a positive attitude towards Digital skills, their development and how to use them
- 4. Increase the employ ability skills of youth workers through experiential methods;
- 5. Support proactive attitudes of participants on the issues of youth employment,
- 6. Foster an entrepreneurial mindset, attitudes and culture change, as Digital transformation is the integration of digital technology into all areas of a business, fundamentally changing how you operate and deliver value to customers.







#### **PARTNERS**

COUNTRY	PROMOTER	NUMBER OF PARTICIPA NTS	MALES	FEWER OPPORTUNITIES PARTICIPANTS	FEMAL ES	GROUP LEADER
GREECE	SOCIAL INCLUSION	6	3	2	3	1
SERBIA	BEST SELLER	6	3	2	3	1
ROMANIA	Asociatia Be You	6	3	2	3	1
BULGARIA	Children with special needs	6	3	2	3	1
ITALY	MOVING EUROPE	6	3	2	3	1
ESTONIA	MITTETULUNDUSU HING INVOLVED	6	3	2	3	1

# The profile of the participants

Participants should be young leaders or youth workers. We expect participants to be over **18 years old** until **30 years old** interesting in the topic of the project.

*Group leader* can be older than 30 years old.

Please respect the gender balance as according to this are booked the rooms as well.

In addition, participants need to have a good command of English to communicate and participate actively during the project implementation.

### **Project Place**

The Project will take place in Athens city the capital of Greece.







The name of **Athens**, connected to the name of its patron goddess Athena, originates from an earlier random city-state, Greek Pre Greek language.

The etiological explaining how Athens acquired this name through the legendary contest between Poseidon and Athena was described by Herodotus, Apollodorus, Ovid, Plutarch, Pausanias and others.

It even became the theme of the sculpture on the West pediment of the Parthenon. Both Athena and Poseidon requested to be patrons of the city and to give their name to it, so hey competed with one another for the honour, offering the city one gift each. Poseidon produced a spring by striking the ground with his trident, symbolizing naval power.







Athena created the olive tree, symbolizing peace and prosperity. The Athenians, under their ruler Cecrops, accepted the olive tree and named the city after Athena.

A sacred olive tree said to be the one created by the goddess was still kept on the Acropolis at the time of Pausanias (2nd century AD).

It was located by the temple of Pandrosus, next to the Parthenon. According to Herodotus, the tree had been burnt

down during the Persian Wars, but a shoot sprung from the stump. To the Greeks they saw this as a symbol that Athena still had her mark there on the city.

MORE INFORMATION ABOUT ATHENS HISTORY PLEASE FIND ON <a href="http://en.wikipedia.org/wiki/History">http://en.wikipedia.org/wiki/History</a> of Athens









#### ACCOMODATION AND FOOD

The project will cover the accommodation and food during the projects days 100%. Also participants will be accommodating in double and triple beds.

Breakfast will be provided and 2 meals (lunch and dinner). Snacks, extra coffees, beverages, beers and other drinks will not be covered from the project each participant will pay those expenses on each own. Coffee will be served in Breakfast and during breaks of the training. Any extras, participants should cover on their own.

During the served lunch and dinner if participants would like to order drinks from the restaurant they have to pay it on the spot. Organizer won't cover these expenses.

#### **HOTEL**

All participants will be accommodate in **London Hotel** <a href="https://www.londonhotelathens.com/">https://www.londonhotelathens.com/</a> which is located in Glyfada south of Athens good location and with connections to public transportation.

The hotel has a very good connection with the airport, with bus  $\mathbf{X96}$  which operates 24h/day and you can find it in the arrivals area at the airport between Exit 4-5.









## **TRAVEL ARRANGEMENTS**

Participants are expected to arrive in Athens on 14th of April 2024 after 12.00 p.m. (check in) and check out on 20th of April 2024 after 12.00 p.m. Organizers will NOT provide any accommodation further of the days of the project.

#### **EUROPEAN HEALTH INSURANCE CARD**

All participants need to have with them the European Health Insurance Card, which is necessary for your stay in Athens.

As our organisation cannot cover any issues related to health insurance or medical access please apply for the card in your country or check the expiring date in case you already have one. Also, in case of medication that you may you use during your stay it is important to have with you doctor's prescription and your medicine as well. Our Organisation is not responsible for covering expenses of medicine or doctors' visits.

### **ARRIVIG IN ATHENS AIRPORT**

All participants that are arriving in Athens Airport there is connection with Bus so you can use directly to arrive in the Hotel where the project will take place.

The cost of the Bus ticket from Airport to the Hotel is **6 euros**, so please keep with you the ticket and the receipt of buying from the machines in the station.

Bus from Piraeus Port to Athens Airport | Piraues Bus X95 to ATH (athensairportbus.com)

Please also find another link below with information of transportation in Athens

https://www.athenstransport.com/english/







#### TRAVEL COSTS AND REIMBURSMENT

The participants are provided with 100% reimbursement of the travel expenses (but no more than amount according to the distance calculator:

http://ec.europa.eu/programmes/erasmusplus/tools/distance\_pl.htm).

Also , participants in order to be reimbursed for their travel to Athens will need to provide us the following documents :

- 1. Receipt of buying the tickets (Flights)
- 2. Boarding passes
- 3. Train Tickets (if needed)
- 4. Bus tickets

All the documents must have the prices and be stated. Participants will have to travel in **economy class**.

Please send the returning tickets (original, not copies) within 2 weeks after the meeting ( $\frac{6th}{cot}$  of May 2024). Taxi is not eligible cost!!

Reimbursement of the travel costs will only be done through bank transfer to the sending organization upon presentation the original tickets with boarding passes and receipt/invoices (including return tickets, boarding passes, train tickets etc.)

**!!!** Important Note: Reimbursement will be done in EUR currency, regardless of the currency indicated on the ticket and receipt/invoice.

Any tickets purchased in a local currency other than EUR, will be converted and

calculated according to the exchange rate stated on the official European Commission web-site at :

http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en







## **TRAVEL LIMITS PER COUNTRY**

COUNTRY	TRAVEL LIMIT	CURRENCY
ROMANIA	275	EURO
BULGARIA	275	EURO
ITALY	275	EURO
SERBIA	275	EURO
<b>ESTONIA</b>	<mark>360</mark>	<b>EURO</b>

## **Project Manager in Estonia**

**Angel Casal** 

mobility@involved.ee

+372 555 96 458

